

Issue 18

Winter 2015

# park news

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Published by Buckingham Park Parish Council

A view across the last house building phase at Buckingham Park. This rainbow view was taken in August – now the houses are all near completion.



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# Chairman's Note



The last few months seem to have flown by. It's been exciting and frustrating, in equal measure, to watch the new park area by Colonel Grantham Avenue taking shape. While it is looking great the delay in getting it completed is tremendously frustrating. While there seems to be no single cause for the delay the problem has been with getting contractors to turn up and complete work. At the moment Taylor Wimpey are battling to get the Utility Company to connect the electricity to the park (hence the big hole on the footpath at the crossing point on Colonel Grantham). Taylor Wimpey is not prepared to commit to an opening date.

The planning application for a Pizza Takeaway shop across from Jubilee Square rumbles on. Having objected all the way along it was rejected by AVDC's planning committee in September. The applicant subsequently revised the planning application in order to overcome the reasons for our objection and resubmitted the plans in November. While the detail of our concerns has been dealt with we remain far from convinced that the site on the corner across from the square is a suitable location for a pizza takeaway business. The revised application was reviewed by AVDC on the 26th November where it was recommended for approval and delegated to the Planning Officer for a final decision which we expect soon.

We recently decided to invest in the upgrading of the CCTV at the Community Centre. A couple of events recently highlighted that the system installed when the Centre was built was obsolete when fitted and could not be updated and upgraded. Subject to agreement with AVDC the new system will also cover the new park and skate park and should, hopefully, act as a deterrent to anti-social behaviour once the park is open.

Parking is becoming an increasing source of complaints. It is frustrating for all that the design of Buckingham Park did not provide enough off street parking. It is also frustrating that many residents choose not to use their allocated space or park

directly in front of their house with little or no regard to other residents. However, as I have said before, we are still private land owned by the developers and as such there are no parking enforcement powers. I am looking forward to the time when we can start to paint double yellow lines but, as has been seen in Fairford Leys, they are not always a solution either as there is often nobody to enforce them.

Since the last edition of Park News I am pleased to welcome four new members of the Parish Council. Lee Whitlock, Tom Berry, Lucy Jones, and Michael Brett all applied for the four vacancies we had after the May elections and all have got stuck in with their new roles.

Now that we have a full council again we will be working to set our agenda for the rest of this year as well ideas about what we would like to achieve over this four year term.

If you want to keep in touch with local events and residents I can recommend following the three Facebook Groups that are active on Buckingham Park. There is our own Buckingham Park Parish Council page, the Buckingham Park Community Centre page for the latest on what's happening at the Community Centre, and Buckingham Park Aylesbury Community which is run by residents independently of the Parish Council.

Anders Christensen

## ADVERTISING

Advertising space is limited - to book your space please call Lucy Jones on 07766 858050 / 01296 338585 or email lucylovesfitness@gmail.com:

Copy deadlines and Advertising Rates for the Spring edition:

**Deadline for advertising & copy is 31st January** for March delivery

**£ 35 quarter page (portrait)**

**£ 60 half page**

**£100 full page A4**

**£120 full page A4 (back cover)**

Fees must be pre-paid at the Community Centre office with cheques made payable to "Buckingham Park Parish Council".

The views expressed by individuals in Buckingham Park News are not necessarily the views of Buckingham Park Parish Council. Every effort is made to ensure that all information is accurate at the time of going to press. External advertising in the magazine does not imply an endorsement or promotion of the advertisement, nor its content, products or services by Buckingham Park Parish Council. The editor reserves the right to change submissions where space requirements dictate.

# BUCKINGHAM PARK SCHOOL & COMMUNITY CHRISTMAS FAYRE 2015

On Friday 18th December, Buckingham Park C of E Primary School and the Buckingham Park Community Centre/ Parish Council are joining forces to stage the Buckingham Park Community Christmas Fayre.

Taking place in Jubilee Square and the Community Centre from 5:30pm to 8pm, the event promises to be a festive evening to kick start the holiday season. Entry is free to all!

There will be a vast array of attractions to entertain adults and children alike, including the opportunity to meet Santa and his reindeer as they stop by at this exceptionally busy time of the year!

Why not come down and enjoy the Outdoor Market; Fairground rides; Balloon modelling; Tattoos and face painting; Games and activities for the children - including Knocking Santa down the Chimney and Tinsel tug. There will also be a range of activities for the children to part take in at Santa's Workshop, a great place for the children to create their own Christmas decorations, snow globes and crackers. You never know, you may strike it lucky in the Tombola or Christmas Raffle with a grand prize of £100 Ocado vouchers, very handy at this time of year!

Refreshments will be available on the evening, including Mulled Wine and Mince Pies, Soup and Hotdogs and of course if wouldn't be Christmas without roasted Chestnuts!

Parking will be available in the Community Centre, School and Medical Centre's car parks.

This promises to be a fantastic festive event, pop it on your calendar now and we look forward to seeing everyone there!



# Community Centre Update

I cannot believe that it was over 3 years ago that I was handed the keys to your Community Centre and - Wow - so much has changed since that day. I can remember sitting in the office with a blank diary thinking 'oh my goodness how am I going to fill this huge building with activities' - 3 years on we have a waiting list for organisations wanting to put on activities!

It is such a great feeling to see how not only has the Centre blossomed and is used by so many people but also how the Community spirit has grown too.

It certainly hasn't been an easy journey and we don't always get it right but we learn by our mistakes and try to draw on your suggestions, compliments and criticisms.

How do we see the Community Centre? - a place where anyone can come along, join in activities, meet friends and use the facilities - everyone is welcome.

We have tried to ensure that there is something for everyone from bumps in tums to activities for the more mature, be it health, recreational or spiritual we believe there is something for everyone.

Have you heard about all our activities? Do you have suggestions for an additional activity you would like to see here? We want to hear from you.

The Parish Council are very keen that everyone feels the benefits from the Centre and what we have in it. Looking forward we will very soon have the new park and its benefits. I know that lots of you want to see this open and this will allow us to put on more events for the Community in the future.

Currently we hold 3 events for the Community - Summer Fete, Halloween Party & Christmas in the Square. Our Summer Fete was a great success and with the park open will be bigger and better next year. Our family friendly Halloween Party once again was a triumph and I would like to extend a huge thank you to my staff and volunteers - without you this would not be achievable - I know you too, enjoyed the spirits of the night!

Christmas in the Square is on Friday 18th December with Carols, Father Christmas, craft stalls, mulled wine, mince pies, barbecue and hopefully reindeer providing Santa isn't too busy this year. This is being hosted between the School and the Centre - drawing on the huge Community spirit we have formed over the past few years so please come and join us - you don't have to have a child to come and experience the warmth and fun we are going to have. Santa will be visiting some of the streets prior to joining us in the square so please look out for him - he will have some followers rattling buckets for Charity. Last year you helped raise £500 for two charities and we hope to do the same again for Help the Heroes and Douglas House and at the School we're holding activities for the children to help raise funds for their School.

It would be lovely next year to hold a Community Party in the Park with live bands, barbecue and entertainment for the children. Anyone that has any ideas or something to

contribute - we would love to hear from you and subject to all being well we can get 'the Show on the Road'.

When I talk about Community spirit it brings me to say a big thank you to one of our residents, Vicky Smith, who very kindly painted a beautiful Noah's Ark on the baby changing room wall. Vicky donated her time and skill in gratitude and thanks to the Centre for benefitting her and her baby. Thank you Vicky - both Mums & babies are thrilled with it - if any of you would like a mural on your child's wall Vicky is your person.

I just want to extend a warm welcome to all the new Pre-school children & parents - it's lovely to see they have already settled in. This year we also welcome new activities: Fit to Play for bumps, Mum's and toddlers - get fit whilst you play; Rock Choir - you don't have to be experienced in singing - the Wednesday evening sessions are already such a great success that a further session will be run on Wednesday mornings at 11am for anyone unable to attend the evening one or indeed who wants to attend both. I was amazed at how great they sounded after only a couple of weeks, 'Britain's Got Talent' - watch out - Aylesbury could be a great contestant!

We update our Facebook page with current info so please take a look - this will tell you if a class is cancelled or if something different or new is happening.

Did you know we have a Resident's notice board? If you want to advertise on it please bring your advert to the Centre, we ask for a £1 donation which goes to charity.

Want to meet a friend for coffee? Fed up with your own company? Can't cook, won't cook? Well, pop down for breakfast - served until 11.30am, a toastie or panini. Our coffee shop area is open all the time we are.

Office services - we also offer photocopying/email service and of course we have Wifi if needed.

Planning a wedding, christening or party? We can help with this, from chair covers, tablecloths, catering and entertainment - please contact us.

Mums/Dads/Carers - everyone wants things to do with their children that aren't expensive. Did you know we run a Parent & Toddler Group every Thursday morning 9.30 - 11am, entry £2.50 per family. Tea/ coffee for adults and snack for children included. All Welcome.

I would like to take this opportunity to wish everyone a very Happy Festive time and Health and Happiness for 2016.

Please remember folks this can be a very lonely, unhappy time for some so if you have a neighbour or know of someone nearby - spare a thought, or a few minutes to visit them and show your care.

**Jan Turner**

**Events & Centre Manager**

**01296 435239/ 07961 893107**

# What's on

## BUCKINGHAM PARK COMMUNITY CENTRE TIMETABLE

DAY	TIME	HIRER/ACTIVITY
<b>Monday</b>	08:15 - 12:45	Big Top Pre-School
	10:00 - 13:00	Sing & Sign
	13:00 - 14:30	Fit to Play
	16:15 - 17:00	Kandeez Competition Squad Under 8's (by invitation only)
	17:00 - 17:45	Kandeez Junior Team Under 12's (by invitation only)
	17:45 - 18:45	Kandeez Competition Squad age 8-11 (by invitation only)
	18:45 - 19:30	Kandeez Senior Team Over 16's (by invitation only)
	19:30 - 20:30	Kandeez Competition Squad 12+ (by invitation only)
	20:30 - 21:30	Kandeez Intermediate Tap (Adult 18+)
<b>Tuesday</b>	08:15 - 14:15	Big Top Pre-School
	09:30 - 11:30	Body Works Pilates
	10:15 - 11:45	Post Natal Group (by invitation only)
	13:30 - 15:00	Bumps and Babes & Child Health Clinic
	16:00 - 17:30	ZKS Martial Arts
	17:45 - 19:00	Beaver Scouts
	19:15 - 20:30	Cub Scouts (please contact Ed Ryan 07720 770536)
	19:00 - 23:00	Ace Bridge
<b>Wednesday</b>	08:15 - 14:15	Big Top Pre-School
	09:15 - 09:45	Kandeez School of Dance - Melody Bear Baby Ballet (18m - 3yrs)
	09:45 - 10:15	Kandeez School of Dance - Boogie Babies (18m - 3yrs)
	10:30 - 13:00	Rock Choir
	17:30 - 19:30	Smiles Football
	18:00 - 21:30	Respect Martial Arts Academy
	19:45 - 21:45	Rock Choir
<b>Thursday</b>	08:15 - 14:15	Big Top Pre-School
	09:30 - 11:00	Buckingham Park Toddler Group
	16:30 - 22:00	Affinity Badminton Club
	17:30 - 22:00	Oasis Community Church
	19:00 - 23:00	Ace Bridge
<b>Friday</b>	08:15 - 12:45	Big Top Pre-School
	09:30 - 13:30	Slimming World
	15:30 - 16:15	Kandeez School of Dance - Ballet & Tap (age 3 & 4)
	16:15 - 17:00	Kandeez School of Dance - Ballet & Tap (age 4 & 5)
	17:00 - 17:45	Kandeez School of Dance - Ballet Conditioning (age 12+)
	18:00 - 19:30	Hope Baptist Church Youth Group
	18:30 - 21:30	Respect Martial Arts Academy
	19:30 - 21:30	Faith Alive Youth Group
<b>Saturday</b>	09:30 - 13:00	Kandeez School of Dance - Ballet & Tap (various ages)
	09:30 - 12:00	Kicking Kids
	<b>13:30 - 23:00</b>	<b>Available for Private Hire</b>
<b>Sunday</b>	08:30 - 13:30	Deeper Life Bible Church
	08:30 - 13:30	Oasis Community Church
	08:30 - 13:00	Church of Christ
	13:30 - 17:15	Hope Baptist Church
	<b>13:30 - 23:00</b>	<b>Available for Private Hire</b>

# School News

This year has been really busy at Buckingham Park Church of England Primary School. Our School continues to grow and we now have over 300 pupils. It is very exciting to see our school developing year on year. Here are some of the 2015 highlights:

## Visits to St James Church

We are delighted to have a strong partnership with St. James Church, Birtton, through Revd Mark Ackford (our Governing Body Chair). Each year the children visit St. James to support their work in RE and to foster our partnership work. All the children visited St James in July, with each year group taking a different focus, for example art work at St James or Christian symbolism. Revd Mark hosted each visit and was on hand to answer the children's questions. The children will be visiting once again this year.

## Year 5 Visit to Green Park

In September our Year 5 class were part of our first ever residential visit. The children and staff visited Green Park in Aston Clinton for two days, including an overnight stay. The children were able to explore the vast areas of park and woodland and also enjoyed a ropes course, archery, team challenges and sports.

The evening activity was a special team 'quiz' which involved some children getting messy with flour and others getting wet with water. Great fun was had by all!

## Year 4 Sleepover

In November our Year 4 children had the excitement of staying in school overnight. Evening activities were all based around the theme of teamwork and included pyramid construction, a 'blind' obstacle course, giant skip and tower building.

The children turned their classrooms into 'bedrooms' and enjoyed breakfast together in the morning.

## Our link with Kenya

Our link with Nyandiwa School continues. Nyandiwa Primary School is situated about 3.5 kilometres from the town of Oyugis in Western Kenya.

We have recently sent some letters and greetings to the school and we will be taking a collection at our Christmas performances for the school. Last year we raised enough money to pay for new floors in several of the school's classrooms.

The link is enabled through a charity called Amani UK ([www.amaniuk.org.uk](http://www.amaniuk.org.uk)). Amani UK is a registered UK charity, operating on a totally voluntary basis.

## School Clubs and Extra-Curricular Activities

We are developing a very wide range of clubs and activities at our school. The teachers all volunteer their time to provide additional activities for the children and we also work with some external providers to boost what's on offer. We have a range of sports, music and arts activities for the children to enjoy.

We also now have a group of children who are learning the guitar in school. They only recently started their tuition so we eagerly await the time when they will be ready for their first concert!

We are working closely with other local schools to provide additional learning opportunities for the children. We currently have two groups of grammar school students coming into school on a weekly basis to work with some of our talented mathematicians and writers. We have also committed to providing the opportunity for every child to participate in a multi-school sports event during the year. Some of our

children have had the chance to visit local secondary schools and conference centres to take part in maths challenge days, a Shakespeare day, and a STEM (Science, Technology and Mathematics) conference.

## School Admission

If your child will be four years old on 31st August 2016, then you will need to make an application for a school place by January 15th 2016.

Our next admission meeting will be held on Thursday 7th January 2016, 9.30am, where there will be an opportunity to hear from the headteacher and tour the school. You do not need to book to attend this event, simply come along to our main school entrance in time for the presentation at 9.30am.

The online admissions portal, available at [www.buckscc.gov.uk](http://www.buckscc.gov.uk) is now open for online applications

## Celebrating Christmas

Our youngest children will be telling the story of Christmas through drama and song on four occasions. Parents and staff are very proud of the children who work hard to perform so well and to remind us all of the true meaning of this special season.

We look forward to seeing everyone at the School and Community Christmas Fayre on Friday 18th December.

**Mr Nick Waldron, Headteacher**

## The Exchange Church invites you to a Christmas Tree Party at Buckingham Park Primary School



Join us to celebrate with crafts, music, refreshments and help us decorate a Christmas Tree!

**Sunday 13 December  
10:30am**

[www.exchange.uk.net](http://www.exchange.uk.net)

*The Exchange*  
God changing lives

## The Exchange Church invites you to Christmas Carols at Buckingham Park Primary School



Join us for a festive blend of carols and refreshments

**Sunday 20 December  
4pm**

[www.exchange.uk.net](http://www.exchange.uk.net)

*The Exchange*  
God changing lives

# Berryfields Medical Centre Update

**Berryfields Medical Centre opened its doors nearly 8 years ago and is growing fast. We now have nearly six thousand patients registered. Opening hours are still 08:30 - 18:00, Monday - Friday. The doors are open at lunch time but the phones are not between 1-2 pm.**

Dr Sarah Atwell, who was with us from the start, left in October to further her career elsewhere. Dr Richard Wood is now working 4 days a week at Berryfields MC. He has been with us for over a year but increased his sessions. Claire Hughes (Nurse Practitioner) left in July and has been replaced by Olive Lake (Nurse Practitioner) who has many years of experience.

We also have 3 new reception staff so please be aware we are training these new ladies and sometimes phone calls and making appointments, etc. can take a little longer whilst they learn to use all our computer programmes and get to know our patients.

We have a Facebook Page that is used to announce any staff changes or altered opening hours etc. If you log in to Facebook and search for Berryfields Medical Centre you should be able to find and follow (like) us.

Berryfields MC is now live with Electronic Prescription Service (EPS). All users will have to nominate a pharmacy from where they will collect their medication. Contact the practice for more information.

Patient Check-in screen now available - you will no longer have to wait at reception, just use the new check-in screen, it's fast and easy.

## Getting to know our new Doctor

Dr Richard Wood DPHIL MRCGP DFSRH MA MB BCHIR.

Richard has been a GP at Bury Knowle in Oxford since 2013. He has a background in psychology. He also has a particular interest in headache, and spends some of this time developing neurology services in the community. He has a higher qualification in sexual and reproductive health. Nonetheless, he sees himself as a true generalist and enjoys helping his patients with any type of problem. He also has a passion for medical education, and leads teaching sessions with other doctors and allied health professionals from time to time.

## Seasonal Flu Vaccination

Flu (also known as influenza) is a highly infectious illness caused by the flu virus. It spreads rapidly through small droplets coughed or sneezed into the air by an infected person. For most people, flu is unpleasant but not serious. You will usually recover within a week.

Studies have shown that flu vaccines provide effective protection against the flu, although protection may not be complete and may vary between people. Protection from the vaccine gradually decreases and flu strains change over time. Therefore, new vaccines are made each year and people at risk of flu are encouraged to be vaccinated every year.

The flu vaccination is offered to people in at-risk groups. These people are at greater risk of developing serious complications if they catch flu, such as pregnant women and elderly people.

Dr Dawn Edwards recently worked at Berryfields MC - she has written this insight into her experience with us:

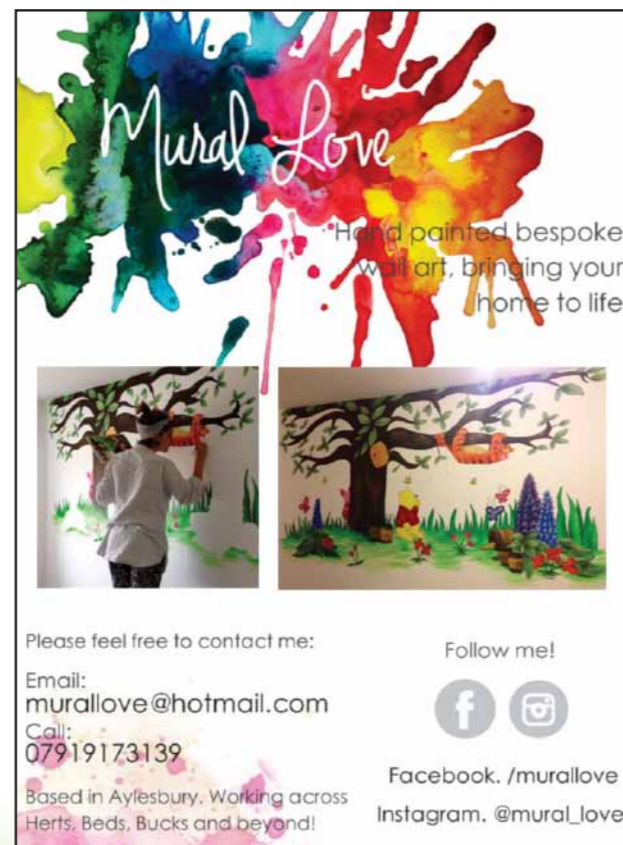
## Sitting in the Doctor's Chair - From the GP trainee

When I joined Berryfields Medical Centre I didn't know what to think when I first saw the blue portacabin. Any concerns I had were quickly evaporated when I received such a friendly welcome from the reception staff and the rest of the team. Inside, the surgery was like a tardis and it's clean and well-equipped so I needn't have worried.

I've been qualified as a doctor for nearly two years now, following on from five years of medical school training. Seeing my own patients feels like a tremendous privilege. I am confident in ruling out emergency conditions, but what about strange rashes, or lumps and bumps that won't seem to go away? Part of my training is to discuss interesting cases with my GP supervisor, who can be any of the GPs at the surgery from day to day. I benefit from their vast experience and my own learning improves. I bring the latest news from the hospital where I'm based - Stoke Mandeville - so it is a useful link for the GPs too.

I am most grateful to all the patients who kindly share their hopes and fears with me. For a few brief months I am 'their' GP. I work with them as they find ways to best manage their conditions. Sometimes GPs cannot offer a 'cure' but we make sure we take patient concerns seriously and lend a listening ear, or suggest treatment based on the very latest evidence of what really works. Four months has gone by so quickly and soon there will be another trainee doctor for you to meet. I appreciate it is not always easy seeing new staff but you have helped me so much. I have learned from every single person I have met and wish you all good health in the future.

Dr Dawn Edwards BA (Hons) MBBS



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# A Message from Thames Valley Police



There have been very few reports of ASB within the Buckingham Park area recently though officers will continue to patrol and respond to any requests for assistance.

Thames Valley Police are asking residents to follow the following advice:

## Are you tempting criminals by leaving property in your vehicle?

- Do not leave property/ valuables on display inside your vehicle when it is parked up - take it with you.
- Don't 'hide' property in the glove box, boot or other compartments in your vehicle - thieves know all the places to look.
- Remove your Sat Nav from your vehicle. Don't leave the cradle on display and remove any sucker marks from the windscreen, as these may tempt someone to take a closer look inside your car.
- Make sure your vehicle is locked and the alarm engaged, if you have one. Thames Valley Police often gets reports of thefts of valuables from unlocked cars.
- Report anyone acting suspiciously around parked cars. Try to get a description of them, along with the direction they are going in. If they have a vehicle try to see what make, model and colour it is and the registration number. Call it through on 101 at the time you see it and if a crime is in progress dial 999.

## Have you taken a few simple steps to protect your home from opportunist thieves this Winter?

At this time of year there are traditionally more opportunist burglaries particularly between 5pm and 7pm when it is dark outside and people are yet to return home from work. Officers will be patrolling neighbourhoods and burglary hot-spot areas across the area to identifying houses that may be at greater risk of burglary.

Here are a few things you can do to protect your property:

- Don't leave your home in darkness advertising the fact there is no one at home. Invest in a timer light switch and vary the time it comes on each day to make it look more natural. It can also be used with a radio or TV to give the impression that someone's home.

- Perhaps purchase a fake/simulated TV device which lights up a room like a real TV.
- Keep valuables out of sight and mark them with your house number and postcode using a UV pen.
- Register your valuables at [www.immobilise.com](http://www.immobilise.com) and keep an inventory list. It's free and takes just a few minutes.
- If you have jewellery at home, photograph it for insurance purposes and consider storing it in a suitable safe.
- Lock your doors and windows. If you have a UPVC door make sure you have double-locked it by lifting the handle and locking it with the key. Make sure the key is removed from the lock and out of reach.
- If you're going away, remember not to post details of your holiday on social networking websites, cancel any milk or newspaper deliveries and, if you have a burglar alarm, make sure it is set before you leave.

Look out for your neighbours' houses, especially when they're not at home, and call 999 immediately if you see anything suspicious. If you want to report something which does not require an immediate response call Thames Valley Police's non-emergency number 101.

## Christmas and Personal Safety

- When Christmas shopping be aware of how much you are carrying with you. Mobile phones, iPods, digital cameras and extra cash to buy presents means you could be the ideal target for thieves.
- When you are out and about at Christmas, don't leave your bag unattended, keep your purse safe in an internal pocket and don't carry your pin number with you.
- Don't leave your drink unattended. It takes a matter of seconds for someone to tamper with your drink.
- Have you ever considered getting a personal safety alarm? Don't allow threats of crime intimidate you into never going anywhere alone, just be aware of what's going on around you and be confident that you can keep safe.
- Plan your journey home. If you use a taxi, ensure it is registered. If you have to walk home, try and walk with a friend, stick to well-lit and busy streets, and make sure someone knows the route you are taking.

**Thames Valley Police and your Aylesbury North Team would like to wish you all a Happy Christmas and a prosperous New Year.**





## Buckingham Park Cub Scout Pack



### Attention Boys and Girls!

- Are you aged between 8 and 10.5 years old?
- Do you want to go on adventures, try new things and make new friends?
- Or are you just a big kid looking for some adventure too?
- Bring along your friends and family – get ready for some fun, some challenges and some BIG adventure!

**Come to our activity Re-Boot evening  
19th January @6pm BP Community Centre**

Want to know more?

dc@aylesburyscouts.org.uk or phone Ed on  
07720 770536 for more information about joining Cub  
Scouts as a Cub or a Leader!

**i.Scout  
Do YOU?**

**JOIN THE ADVENTURE!**

